

## Animal-assisted therapy

### MÁLAGA



Clece has a fundamental aim of improving the care received by the elderly, paying particular attention to cases of functional dependency, psychiatric alterations and behavioural disorders. To that end, the company is very much an innovator in implementing therapies that go beyond the usual techniques. This is the case of the animal-assisted therapy implemented in Málaga in 2014. Specifically, Clece implemented the therapy with dogs in three of the care homes managed by the company in the province.

Professional handlers and psychologists worked together, resulting in a range of benefits in those who took part. These included increased self-esteem and state of mind, greater autonomy, improved emotional stability, reduced anxiety and depressive states, and greater control over impulses.

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*3 care homes in Málaga*

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*2 professional handlers*

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*Increased self-esteem  
and autonomy*

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